

ANYONE CAN GET AIDS. LEARN HOW TO STAY SAFE.

HIV AND AIDS FACTS



HIV/AIDS Hotlines

English: 1-800-541-2437

Spanish: 1-800-233-7432

HIV is the virus that **causes AIDS.**

AIDS is a sickness that can kill you. There are treatments that can help people with HIV stay healthy longer, but there is no cure for HIV or AIDS.

HERE'S HOW YOU **CAN** GET HIV.

1. You can get HIV by having sex without a condom with someone who has HIV.

That includes:

- Vaginal Sex
- Anal Sex
- Oral Sex



People can also get HIV if they are raped or forced to have sex.

2. You can get HIV by sharing syringes, needles and other things used to inject drugs with someone who has HIV.



HERE'S HOW YOU CAN GET HIV.

3. A woman who has HIV can give it to her baby when she is pregnant or breastfeeding. There are medicines the woman and baby can take so that the baby will not have HIV.



Some people got HIV from blood transfusions before 1985. Now, all donated blood is tested for HIV, so it is safe to have a blood transfusion.

YOU CAN NOT GET HIV FROM:



**Shaking
Hands**



Food



Sneezing



Pets

YOU CAN NOT GET HIV FROM:



Water



**Hugging or
Kissing**



**Mosquitoes or
Other Bugs**



Toilets

FIND OUT IF YOU HAVE HIV.

People with HIV may not look sick. Many people do not know they have HIV. The only way to know if you have HIV, is to get an HIV test.



FIND OUT IF YOU HAVE HIV.



You can get a blood test or an oral (mouth) test. An oral test does NOT use needles. At some places, you can get your results right away.



Call 1-800-872-2777 to find out how to get a free HIV test without giving your name. Or, ask your doctor about getting an HIV test.

PROTECT YOURSELF FROM HIV.



Male Condom

**You can
protect
yourself
from HIV.**

**If you have
sex, use a
condom.**



Female Condom

Condoms work very well to prevent HIV if you use them the right way, every time you have sex.

PROTECT YOURSELF FROM HIV.



Do not shoot drugs. If you do shoot drugs:

- Use new needles each time.
- Do not share your works.
- NEVER buy needles on the street, even if they look new.
- If you are 18 or older, you can buy new needles at some (ESAP) drugstores.

Look for this sticker:



Or, ask if they sell needles.

- You may also be able to get new needles at a needle exchange.



Call 1-800-541-2437 to find a drugstore that sells needles or a needle exchange.

For Spanish speakers, call
1-800-233-7432.

NEW YORK STATE HIV/AIDS HOTLINES

English: 1-800-541-2437

Spanish: 1-800-233-7432

All calls are private.

You do not need to give your name.

NEW YORK STATE HIV/AIDS TTY INFORMATION LINE

1-212-925-9560

Voice callers use New York Relay: 711 or 1-800-421-1220

VISIT THESE WEBSITES

www.cdcnpin.org

www.health.state.ny.us

www.thebody.com



Learn About HIV and AIDS. Save Your Life.



New York State
Department of Health